

Your INCRUSE® ELLIPTA® inhaler



- When you take your Incruse Ellipta inhaler out of the sealed tray, it will be in the 'closed' position. **Don't open it until you're ready to inhale a dose of medicine.**
- When you first use your Incruse Ellipta inhaler, you do not need to check that it's working properly, and you do not need to prepare it for use in any special way. Sliding open the cover automatically prepares a dose.
- The dose counter lets you know how many doses you have left in the inhaler. When fewer than 10 doses are left, half the dose counter shows red, so get in touch with your doctor about another prescription before you run out of medicine.
- After you have used the last dose, half the dose counter shows red and the number 0 is displayed. Your inhaler is now empty.

KEEP YOUR MEDICINE OUT OF THE SIGHT AND REACH OF CHILDREN.

INCRUSE® ELLIPTA® umeclidinium

References:

- Incruse Ellipta Consumer Medicine Information, GSK New Zealand.
- Incruse Ellipta Data Sheet, GSK New Zealand.
- Donohue JF et al. *Resp Med*. 2013; 107:1538-46.

Incruse® Ellipta® (umeclidinium bromide) is available in an inhaler containing 62.5mcg per inhalation. **Incruse Ellipta is a fully funded medicine.** The prescriber must provide written endorsement that the patient has been diagnosed as having Chronic Obstructive Pulmonary Disease (COPD) using spirometry to access subsidy. **Incruse Ellipta is a Prescription Medicine** for long-term regular treatment to relieve symptoms in adult patients with COPD. **Use strictly as directed. Do not take Incruse Ellipta to treat asthma or to relieve acute symptoms. Always carry your reliever inhaler.** This medicine has risks and benefits. Tell your doctor: If you are taking other medicines or herbal remedies, you have heart disease or high blood pressure, asthma, an enlarged prostate, difficulty passing urine, bladder problems or narrow-angle glaucoma. Side effects (common/serious): Sore throat with or without a runny nose, cough, painful and frequent urination, infection of the upper airways, pain of the sinuses. **If symptoms continue or you have side effects, see your doctor, pharmacist or health care professional.** For more information, see *Incruse Ellipta* Consumer Medicine Information at www.medsafe.govt.nz. Normal doctor's office visit fees apply. Ask your doctor if *Incruse Ellipta* is right for you. *Incruse* and *Ellipta* are registered trade marks of the GlaxoSmithKline group of companies. Marketed by GlaxoSmithKline NZ Limited, Auckland. **Adverse events involving GlaxoSmithKline products should be reported to GSK Medical Information on 0800 808 500.**

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Breathe better now¹⁻³
with

INCRUSE® ELLIPTA® umeclidinium



If you have any questions about your medicine, always speak with your doctor, nurse or pharmacist. For more information about Incruse Ellipta visit incriseellipta.co.nz

What is INCRUSE ELLIPTA?

Incruse Ellipta is a breath of fresh air for the treatment of Chronic Obstructive Pulmonary Disease (COPD).

It's used as a once daily treatment for the long-term relief of COPD symptoms, such as breathlessness.^{1,2}

Incruse is the medicine, also called umeclidinium, and Ellipta is the new, easy to use pre-filled device.^{1,2}

How does Incruse Ellipta help you breathe better?

The medicine in Incruse Ellipta works to help open the airways and make it easier for air to get in and out of the lungs.¹ This helps control the breathing difficulties and breathlessness caused by COPD and minimises the effects of the disease on your everyday life.³ **Incruse Ellipta should not be used to relieve sudden breathing problems and won't replace a rescue inhaler, such as Ventolin®.**¹

When should I take it?

You can take Incruse Ellipta at any time but make sure it's always at the same time every day. This will help you keep free of symptoms for 24 hours at a time. If you miss a dose, take it as soon as you remember but take no more than one inhalation per day. After that, go back to taking your dose at the usual time.¹

Possible side effects

Like all medicines, Incruse Ellipta can cause side effects, although not everybody gets them. Common side effects, which may affect up to one in ten people, include a combination of sore throat and runny nose, cough, faster heart beat, painful and frequent urination (which may be signs of a urinary tract infection), feeling of pressure or pain in the cheeks and forehead (which may be signs of inflammation of the sinuses called sinusitis), infection of the upper airways and taste disturbance.¹

Note that this is not a complete list of side effects, please refer to the Consumer Medicine Information for more details (available from www.medsafe.govt.nz).

How do you use INCRUSE® ELLIPTA®?

Follow these three very simple steps or watch a video demonstration at www.incruseellipta.co.nz to help you breathe better now with Incruse Ellipta.

1. Open



When you're ready to take your medicine, slide the cover down to prepare a dose. You'll hear a 'click' and the dose counter goes down by one.

It's now ready for you to use.

2. Inhale



Hold the inhaler away from your mouth and breathe out as far as is comfortable.

Put the mouthpiece between your lips and close them firmly around it. **Take one long, steady deep breath in. Hold this breath for as long as possible (at least 3-4 seconds).**

Remove the inhaler from your mouth. Breathe out slowly and gently away from the mouthpiece.

You may not taste the medicine, or feel its presence. It's worth knowing this, as it's important not to take another dose from the inhaler if you suspect it hasn't worked.²

3. Close



When you've finished, **slide the cover upwards as far as it will go, to cover up the mouthpiece.**

If you want to clean the mouthpiece, use a dry tissue before you close the cover.